

MAY CALENDAR OF EVENTS

Hello members:

Esprit activities have been so much fun despite the chilly and rainy spring. AS we get closer to May, pleasant weather has been more frequent, and we are looking forward to warm and sunny days. We are going to continue getting together, having fun with friends and participating in wonderful activities.

May is a great time that brings childhood memories of the final days of school and beginning of summer break, but we don't take a break at Esprit! This year, Mother's Day is May 12th and Memorial Day is May 27. I look forward to seeing each of you at Club events this month!

Wednesday May 1, 2024

BOWLING AT MASHPEE LANES

Bowling season continues at the Mashpee Lanes. We can have some friendly competitions with our friends with the large bowling balls. Bring your own ball if you would like. May 1 is also Steve's birthday!!!!

Mashpee Lanes

9 Greene Street

Mashpee, MA 02649

6:00p.m. - 7:30 p.m.

Monday May 6, 2024

PLAYERS REHEARSAL

Rehearsals continue with musical material that will be used in our first 2024 performance. Work on your music at home and be prepared to practice with the whole troupe at our group rehearsal. Please come to rehearsal prepared. **Bring water!**

Methodist Church

57 Pond Street, Osterville, MA

6:30p.m – 8:00 p.m.

Tuesday, May 7, 2024

ZUMBA WITH SANDY

Zumba is a dance fitness program that combines international music with fun and effective workouts. **Bring water!**

Methodist Church

57 Pond Street, Osterville, MA
6:30p.m – 7:30 p.m.

Thursday, May 9, 2024

PICTIONARY

Pictionary is a charade inspired word guessing game with teams trying to guess the word that the drawing is intended to represent. Scott and Shannin will be running this new fun activity. Come draw, compete and laugh with friends.

Methodist Church

57 Pond Street, Osterville, MA
6::00p.m – 7:00 p.m.

Monday, May 13, 2024

ART CLASS WITH JEN

The perfect class to learn drawing, painting, watercolor, pastel and mixed media art skills for developed artists and beginners.

Methodist Church

57 Pond Street, Osterville, MA
6:00PM – 7:15PM

Thursday May 16, 2024

POOL PARTY

I am excited for another pool party in Sandy's warm saltwater pool! Join us this month for games, exercise, and water dancing for healthy aerobic exercise (and a little aqua therapy!) to burn some calories and reduce stress.

Sandy's Pool

105 Redlands Road, East Falmouth, MA
6:00p.m. -7:00 p.m

Sunday May 19, 2024

PLAYERS REHEARSAL

Rehearsals continue with new musical material that will be used in our first 2024 performance. Work on your music at home and be prepared to practice with the whole troupe at our group rehearsal. Please come to rehearsal prepared. **Bring water!**

Methodist Church

57 Pond Street, Osterville, MA
3:30p.m – 5:00 p.m.

Monday, May 20, 2024

EXERCISE WITH CAREY (Weather Permitting)

Want to reduce body fat, increase lean muscle mass and burn calories more efficiently? Strength training to the rescue! Strength training is a key component of overall health and fitness for everyone. Lean muscle mass naturally diminishes with age. Your body fat percentage will increase over time if you don't do anything to replace the lean muscle you lose over time. Strength training can help you preserve and enhance your muscle mass at any age. Bring Yoga matts and *Bring water!*

Carey's Home

1236 Craigsville Beach Road
Centerville MA
5:30-6:30

Tuesday, May 21, 2024

GAME NIGHT WITH SUE

Our longest running Club activity is still a favorite for our members. Join us for Bingo and prizes and catch up with what's happening with your Club friends. Hope you're a winner!

Methodist Church

57 Pond Street, Osterville, MA
6:00-7:15 p.m.

Wednesday May 22, 2024

YOGA WITH MICHELE

Come stretch, work on balance, strengthening and relaxing with Yoga friends. Bring your mat and water.

Methodist Church

57 Pond Street, Osterville, MA
6:00-PM-7:15 PM

Friday, May 24, 2024

Garfield Movie

Certainly! The Garfield Movie is a delightful, animated film that brings the iconic lasagna-loving cat to life. Here's what you need to know: Garfield (voiced by Chris Pratt), the world-famous, Monday-hating, lasagna-loving indoor cat, is about to have a wild outdoor adventure! After an unexpected reunion with his long-lost father, scruffy street cat Vic (voiced by Samuel L. Jackson), Garfield and his canine friend Odie are forced from their perfectly pampered life into joining Vic in a hilarious, high-stakes heist

Regal Cape Cod Mall

793 Iyannough Rd
Hyannis MA
Meet at 6:45 movie starts at 7:00

Sunday May 26, 2024

PLAYERS REHEARSAL

THIS IS A DRESS REHEARSAL!!!! Rehearsals continue with new musical material that will be used in our first 2024 performance. Work on your music at home and be prepared to practice with the whole troupe at our group rehearsal. Please come to rehearsal prepared. **Bring water!**

Methodist Church

57 Pond Street, Osterville, MA

3:30p.m – 5:00 p.m.

Thursday May 29, 2024

TRIVIA with SHANNIN

Our members had a great time at Trivia Night in December. Teams worked together to come up with the correct answers to so many different questions about various topics! Join us this month for more Trivia fun – and remember to consult with your team before you shout out an answer!!

Methodist Church

57 Pond Street, Osterville, MA

6:00-7:15 p.m.
